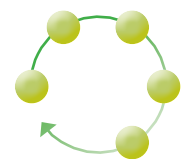
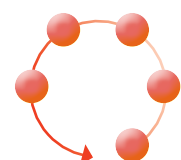


When you wake up

- 1 Press and hold the off button until the lights circle (about 3 seconds).
If the lights circle clockwise in green, your sleep data was successfully recorded.



If the lights circle counter-clockwise in red, see the tips below or call Customer Support at 844-753-3709 (844-SLEEP09).



If your SleepView is already turned OFF, you can turn it ON again and then OFF to see the lights circle.

Tips:

- Did any of the sensors fall off during the night? If yes, you may retest. Put in a new battery and use adhesive strips to tape the sensors down. SleepView® Monitor saves both recordings.
- Were you in bed for 6-8 hours? If not, you may retest. Put in a new battery and follow same instructions. SleepView® Monitor saves both recordings.

- 2 Gently remove the sensors from your body.

Tip: The cannula must be twisted off the SleepView Unit in order to be removed.

- 3 Complete all paperwork.

! In case of medical emergency call 911.
Improper routing of leads may result in a choking hazard.
Do not use in conjunction with an external defibrillator.
SleepView is a registered trademark and SleepView Direct is a service mark of Cleveland Medical Devices Inc. Cleveland Medical Devices Inc, SleepView™ diagnostic system and/or services, their use and/or applications are covered by one or more of the US patents shown on <https://clevedmed.com/clevedmed-patents>.



Return Instructions

- Place the items in the Pre-Paid Return Envelope using checklist below:



- ☐ SleepView® Monitor
- ☐ Pulse Oximetry Cable
- ☐ Completed Paperwork

- Throw away the cannula & effort belt.



- Carefully seal the envelope.
- Drop off at the post office counter.
- To receive the result of your home sleep test, **please contact your ordering provider.**

Patient Instructions



Complete your home sleep test and return the kit as soon as possible. Failure to do so will delay your test results.



If you have any questions, please reach our Customer Support:
844-753-3709
(844-SLEEP09)



INSTRUCTIONAL VIDEO
at [Clevemed.com/svdpatient/](https://clevedmed.com/svdpatient/)





Before you go to bed

STEP
1

Effort Belt

- Remove belt from plastic packaging.



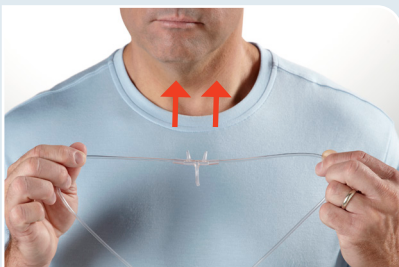
- Snap SleepView® Monitor firmly onto both snaps of belt.
- With SleepView facing out, wrap the belt around you, and use the Velcro tabs to secure the belt snugly but comfortably around your chest.
- Adjust the belt so that SleepView is positioned above the breast, at the center of your chest.

STEP
2

Nasal Cannula & Thermistor

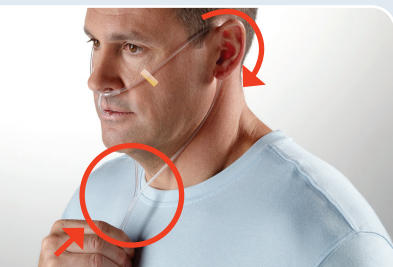
Nasal Cannula

- Remove nasal cannula from plastic packaging.



Hold nasal cannula with both hands so prongs point up toward your nose. Insert nasal prongs into your nose.

and thermistor



Pull tubing behind both ears. Push plastic slide up to tighten cannula tubes under your chin. Use an adhesive strip to secure tube to your cheeks.

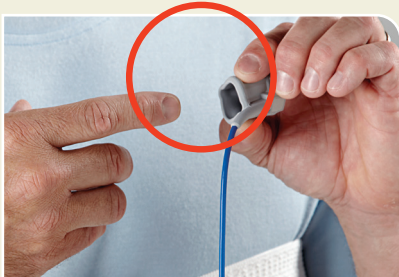


Twist end of cannula clockwise onto the Cannula connector on SleepView® Monitor until snug (do not over-tighten).

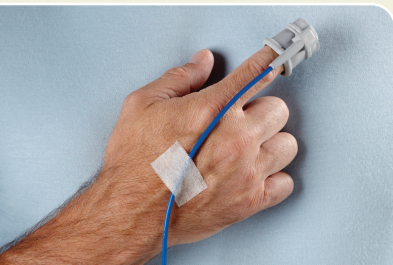
STEP
3

Pulse OX

- Remove pulse ox from plastic packaging.
- Align and firmly plug pulse ox sensor into SleepView® Monitor.



Slide your finger from either hand into the pulse ox sensor so the icon of a finger covers your fingernail and the tip of your finger is visible from the top of the pulse ox.



Make a fist, then place an adhesive strip across the back of your hand to secure the wire in place.

Tips:

- Nail polish or acrylic nails can affect recording. Remove for best results.
- Pulse ox cable color may be grey.
- The sensor can be worn on any finger from either hand and can be moved to a different finger during the test.
- The light inside the pulse ox will always remain red, but the pulse ox sensor light on the SleepView Monitor should be green.

STEP
4

Turn Monitor ON

Press ON button located in front of the SleepView® Monitor for 3 seconds. The power light will flash and then turn to green.

Tip: Battery in SleepView® Monitor is ready to use.



STEP
5

Check Sensors

The light for each connected sensor should be green.

- Green light:** A strong signal is being recorded.
- Amber light:** The sensor needs to be adjusted on your body until green.
- Red light:** The sensor is not properly connected to SleepView® Monitor.

Auxiliary Sensor: If the Auxiliary sensor was not provided, the Auxiliary sensor light will remain off.

The sensor lights will go off after 90 seconds, but the power light will remain on. If you need more time to adjust sensors, press the ON button again to turn all sensor lights on for an additional 30 seconds. It is normal for the Cannula light to switch between green and amber as you move around.

Tips:

- Sit still and take deep breaths when trying to get sensor lights to turn green.
- If cannula turns green at any point, it is fine to proceed with test.



STEP
6

Sleep Comfortably

Sleep in a position that is normal and comfortable for you. Try to spend some time on your back as sleep apnea can be worse in that position.

Tip: Out of bed during the night? Keep all sensors on and do not turn device off.



Instructional video at Clevemed.com/svdpatient/